

What is Dissociation, how does it manifest and how do you work with it?

A Saturday morning seminar with Nick Bendit & Anthony Korner
Saturday, 17 October 2020 from 9.30 am – 12.30 am (AEST)
(ANZAP AGM to follow from 12.45 – 1.15 pm)
Join us by live streaming this event

ANZAP Members - \$90 | Non-Members - \$120 | Westmead Students - \$40 | Other Students - \$60

Dissociation is a central concept in the Conversational Model. This seminar will briefly outline the CM's view of dissociation, its historical association with the work of Janet and the neuroscience describing dissociative phenomena. However, the bulk of the seminar will be looking at how dissociation manifests in the psychotherapy space and how it is managed clinically. In the longer term the therapeutic pathway involves a process of re-association.

Seminar outline:

Dr Anthony Korner and Dr Nick Bendit will be discussing the following topics:

1. What is dissociation?
2. A brief overview of the neuroscience of dissociation
3. Clinical syndromes where dissociation is important (BPD, DID and other dissociative disorders)
4. Working within CM with highly dissociative clients
5. Adaptations to CM with highly dissociative clients, particularly dissociative identity disorder

About our Speakers:

Dr Anthony Korner works in Sydney as a psychiatrist and psychotherapist, primarily in public practice. He is Director of the Master of Medicine (Psychotherapy) Program at the University of Sydney and is active in teaching and research as well as clinical practice. His research interests are in psychodynamic psychotherapy, linguistics and philosophy. He has published widely, including a new book on psychotherapy, *Communicative Exchange, Psychotherapy and the Resonant Self* (Routledge). He completed a PhD on psychotherapy process in 2015. He is the Australian representative on the World Council for Psychotherapy and was chairman of the organizing committee for the 6th World Congress for Psychotherapy, held in Sydney in 2011.

Dr Nick Bendit is a staff specialist psychiatrist working at the Centre for Psychotherapy (Newcastle, Australia), a publicly funded outpatient psychotherapy unit offering long-term psychotherapy for patients with borderline personality disorder, eating disorders, and dissociative disorders (DID). He treats patients, supervises and teaches in the Conversational Model, and also treats patients, and teaches mental health clinicians, in Dialectical Behaviour Therapy (DBT). The Centre for Psychotherapy has completed a randomised controlled trial comparing the outcome for patients with borderline personality disorder treated with either DBT or the Conversational Model. Nick is the Director of Training for ANZAP's 3-year psychodynamic psychotherapy training in Conversational Model.

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